

**UNIVERSIDAD AUTÓNOMA DEL  
ESTADO DE HIDALGO  
ESCUELA PREPARATORIA NÚMERO CINCO**

**Asignatura : Inglés 6.2**

**Tema: Frequency Adverbs**

**Nombre: Lic. Yuriria Domínguez Rodríguez**

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# **Tema: Frequency Adverbs**

## **Resumen**

En este tema los alumnos aprenderán a expresar de una manera lógica y ordenada la frecuencias con las que realizan sus diferentes actividades.

**Palabras Claves:** Always, Usually, often, never, harly ever, seldom, occasionally, How often do you?.



# **Tema: Frequency Adverbs**

## **Abstract**

In this topic, students will learn to express in a logical and orderly way the frequencies with which they carry out their different activities.

**Keywords:** Always, Usually, often, never, harly ever, seldom, occasionally,  
How often do you?



**Objetivo general:** Express orally and in writing the frequency that students do their activities.

**Nombre de la unidad: Unidad 2**

**Unidad II: Adverbios de Frecuencia**

**Objetivo de la unidad:** Describe hechos y discute sobre situaciones, personas y lugares relacionados con el uso del idioma inglés en la vida moderna.



# **Tema: My daily routine.**

## **1.1. Frequency Adverb**

**Introducción:** En la siguiente clase los alumnos podrán aprender a expresar de manera oral y escrita en inglés la frecuencia con la que realizan sus actividades diarias.



## Desarrollo del Tema:

# My daily routine

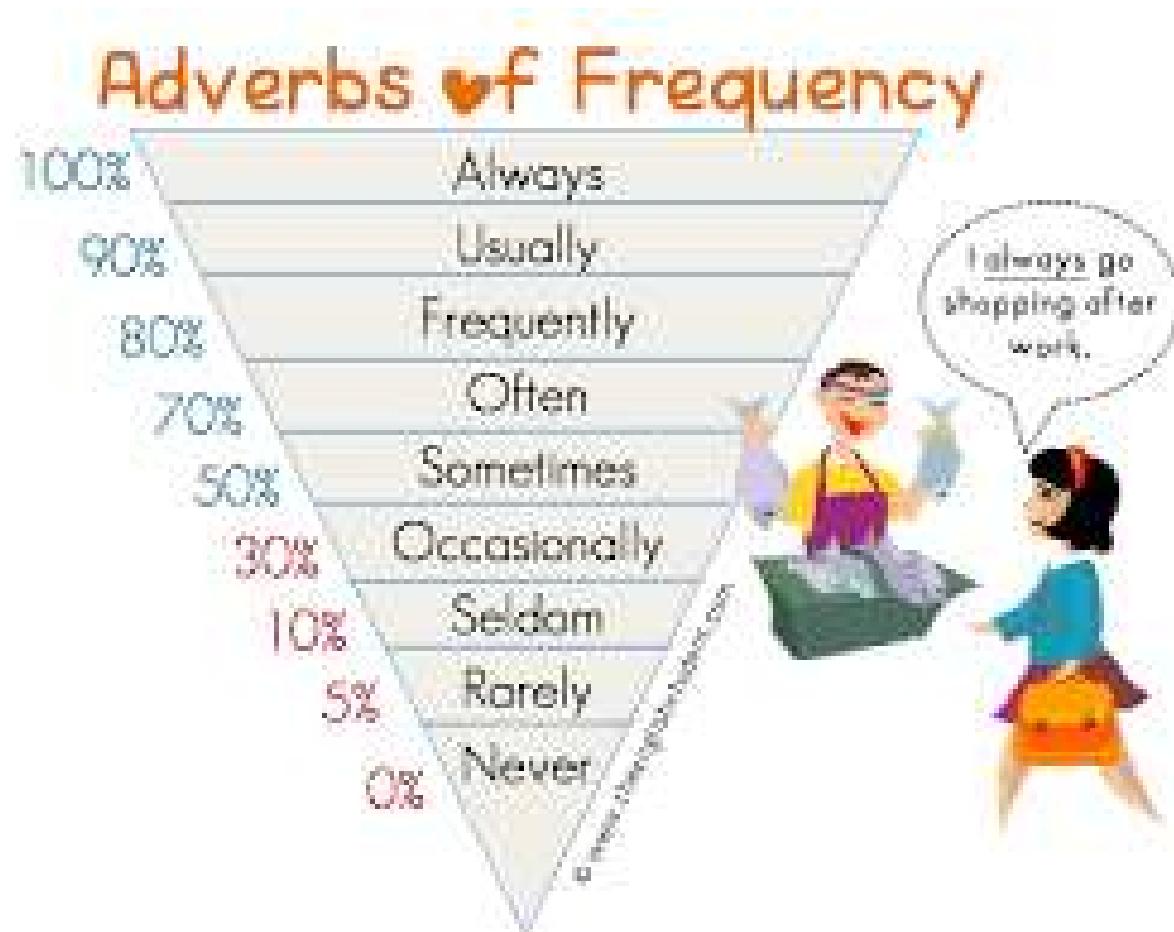


Hi! My name is Mila. I am 12 years old and I am going to share my daily routine.

First, I wake up at 7 o'clock. Then, I get up at 7:30 a.m. after that I make my bed and have a shower. Next I get dress and have a breakfast. I always eat fruit and tea but now I prefer milk. I occasionally wash the dishes. Seldom I clean the kitchen. Finally, my mom kisses me and I go to school.



**Adverbs of frequency** are used to express how regularly an action occurs.



## EXAMPLE:

Do you **always** drink milk for breakfast?



We **usually** go to the park on Sundays.

We **never** go by bike on Saturdays.



To ask how often someone does something we use the question:

How often do you...?



Example:

**How often do you watch Netflix ?**

You are going to answer in a present simple tense adding before the verb, the frequency adverb.

**I occasionally watch Netflix.**



**We also can use them at the beginning:**

**Sometimes I play chess.**



- How often do you **go to** the beach?
- How often do you **cook**?
- How often do you **set** the table?
- How often do you **do** your homework?



Tell me about your  
daily routine...



## Bibliografía del tema:

- Programa Educativo de Bachillerato General (2019). Inglés A2.Consolidation Dirección Académica DEMS.
- <https://learnenglishteens.britishcouncil.org/grammar/beginner-grammar/adverbs-frequency>
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