



UNIVERSIDAD AUTÓNOMA DEL ESTADO DE HIDALGO DIVISIÓN DE DOCENCIA DIRECCIÓN DE SUPERACIÓN ACADÉMICA

Presentación

Material name: Describing habits and routines

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What do you usually do on Mondays? What do you usually do in weekends?



Figure 1





Summary

Express my daily routines and the routines of others. This is an A1 level competence, according to the Common European Framework of Reference for languages (http://www.coe.int/t/dg4/linguistic/source/framework_en.pdf page 24).

Key words:

Daily, routines, wake up, eat, rut, watch, sleep...





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How to express

ROUTINES (MODELS)

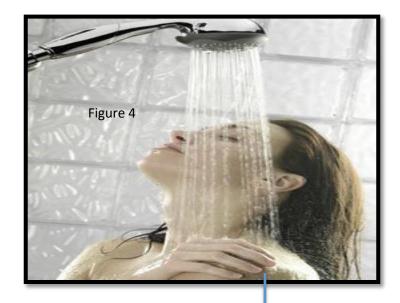


I wake up at 6 ó clock

I get up at 6:05 a.m.

Figure 3





I take a shower



I have breakfast





I brush my teeth

Figure 6



I go to work/ the school

Figure 7





Figure 8



I work at the office



l arrive to my house





I relax at home

Figure 10

I cook the meal



Figure 11









Figure 12

leat



Figure 13

I do the housework







Figure 14

facebook

Facebook helps you connect and share with the people in your life.



I check my facebook



I watch TV





Figure 16



I have dinner



I sleep at 11 ó clock



Example 1st person

My daily routine

First I wake up at 6:00 ó clock in the morning, then I always take a shower, as soon as I finish, I get dressed. After that I sometimes have breakfast, next I go to work at the office.

In the afternoon I arrive home and I usually relax for 15 minutes, then I eat with my sister...



Example 3rd person

In the morning, first she always wakes up at 10:00 ó clock, then she prepares the breakfast, after that she brushes her teeth, next she sometimes washes the dishes and her clothes. In the afternoon she does exercise and takes a shower, later she eats. At last she relaxes in her sofa and watches a movie with her family. We sometimes visit to my grandparents or go to the cinema.

At night she usually listens to music or checks my mail in the computer.



I wake up at 6:00 ó clock

Negative

I don't wake up at 6:00

Interrogative

Do I wake up at 6:00?



Simple present 3rd person

Affirmative

He wakes up at 6:00 ó clock

Negative

He doesn't wake up at 6:00

Interrogative

Does he wake up at 6:00?



Conclusion

When you want to express your daily routine you have to use the verb in <u>simple present</u> and use <u>don't</u> for negatives and <u>do</u> for questions.

When you want to express the routine of another person you have to add and \underline{s} to the verb and use $\underline{doesn't}$ for negatives and \underline{does} for questions.



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Thank you!



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