



En otras palabras... en Lengua Extranjera  
(In other words...)

English 6

## UNIT 2 EMPHASIZING OBJECTS

**“The 5 steps of the nursing process”**



E.T.E. Ignacio Erik Sánchez Lozada  
Idea Original

E.T.E. Karim Juárez Cortés  
Diseño

**INSTRUCTIONS:** Read the following text and paid special attention to the words in **blue**, look at how we emphasize in the object of the action.

## THE 5 STEPS OF THE NURSING PROCESS

The nursing process is a scientific method used by nurses to ensure the quality of patient care. This approach **can be broken** down into five separate steps.



### Assessment Phase

The first step of the nursing process is assessment. During this phase, the nurse gathers information about a patient's psychological, physiological, sociological, and spiritual status. This data **can be collected** in a variety of ways. Generally, nurses will conduct a patient interview. Physical examinations, referencing a patient's health history, obtaining a patient's family history, and general observation **can also be used to** gather assessment data. Patient interaction is generally the heaviest during this evaluative phase.

### Diagnosing Phase

The diagnosing phase involves a nurse making an educated judgment about a potential or actual health problem with a patient. Multiple diagnoses **are** sometimes **made for** a single patient. These assessments not only include an actual description of the problem (e.g. sleep deprivation) but also whether or not a patient is at risk of developing further problems. These diagnoses **are** also **used to** determine a patient's readiness for health improvement and whether or not they may have developed a syndrome. The diagnoses phase is a critical step as it **is used to** determine the course of treatment.

### Planning Phase

Once a patient and nurse agree on the diagnoses, a plan of action **can be developed**. If multiple diagnoses need to be addressed, the head nurse will prioritize each assessment and

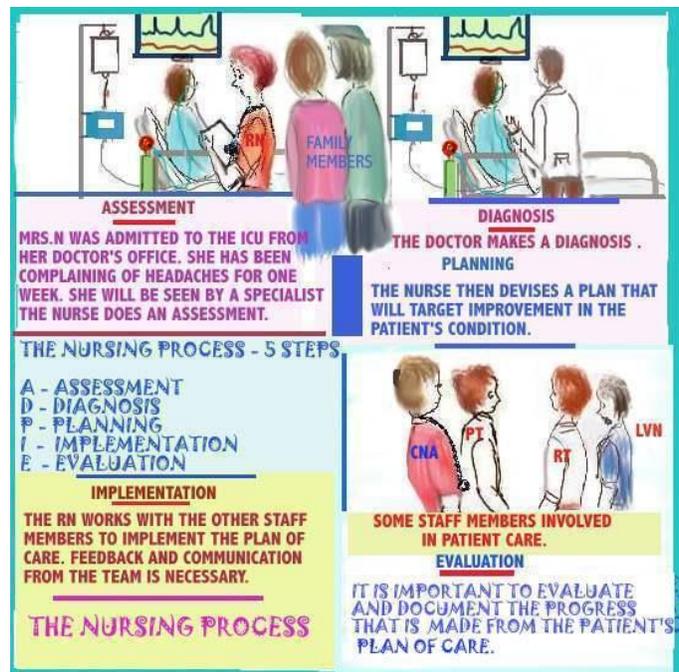
devote attention to severe symptoms and high risk factors. Each problem **is assigned** a clear, measurable goal for the expected beneficial outcome. For this phase, nurses generally refer to the evidence-based Nursing Outcome Classification, which is a set of standardized terms and measurements for tracking patient wellness. The Nursing Interventions Classification **may also be used** as a resource for planning.

### Implementing Phase

The implementing phase is where the nurse follows through on the decided plan of action. This plan is specific to each patient and focuses on achievable outcomes. Actions involved in a nursing care plan include monitoring the patient for signs of change or improvement, directly caring for the patient or performing necessary medical tasks, educating and instructing the patient about further health management, and referring or contacting the patient for follow-up. Implementation can take place over the course of hours, days, weeks, or even months.

### Evaluation Phase

Once all nursing intervention actions have taken place, the nurse completes an evaluation to determine if the goals for patient wellness **have been met**. The possible patient outcomes **are** generally **described** under three terms: patient's condition improved, patient's condition stabilized, and patient's condition deteriorated, died, or discharged. In the event the condition of the patient has shown no improvement, or if the wellness goals **were not met**, the nursing process begins again from the first step.



All nurses must be familiar with the steps of the nursing process. If you're planning on studying to become a nurse, **be prepared** to use these phases every day in your new career.



## REFERENCES:



1. Reading, The 5 steps of the Nursing Process, Recuperado el 14 de Octubre 2013, de <http://www.nursingprocess.org/Nursing-Process-Steps.html>
2. Dearnurses.org Recuperado el día 30 de octubre de 2013 de [http://dearnurses.org/Nursing\\_Communication\\_Verbal\\_Nonverbal\\_Pt1.html](http://dearnurses.org/Nursing_Communication_Verbal_Nonverbal_Pt1.html)
3. Herdiana Dadang (2011-2012) Pocket Guide Recuperado el 30 de octubre de 2013 de <http://yourpocketguide.blogspot.mx/2012/12/steps-of-nursing-process.html>

# *Lectura*



**Colaborador:** E.T.E. Karim Juárez Cortés

E.T.E. Ignacio Erik Sánchez Lozada

**Nombre de la asignatura:** Ingles 6

**Programa educativo:** Programa de Nivelación Académica de Enfermería