

## Editorial

It is an honor to present Volume 13, Number 14 of the Mexican Bioethics Review, a publication of the Institute of Health Sciences at the Autonomous University of the State of Hidalgo. In this edition, we reaffirm our commitment to critical analysis and the discussion of ethical dilemmas emerging at the intersection of public health, law, and human dignity.

Contemporary bioethics is not confined to clinical settings; it permeates our legislative decisions, our consumption habits, and the way we conceive the life cycle. The articles selected for this issue reflect this diversity, addressing topics ranging from early prevention to end-of-life dilemmas and the regulation of emerging biomedical practices.

We begin with a perspective on the life course through the article "Primary Gerontoprophylaxis as a Strategy for Promoting Healthy Aging in Children," which invites us to reconceptualize aging not as a final stage, but as a continuous construction that must be established from childhood through education and healthy habits. This preventive vision contrasts with and complements the discussion on mental health and end-of-life issues addressed in "Suicidal Behavior in Mexico: Legal and Bioethical Perspective." In this article, the authors examine the legal gaps in suicide care and the complex debate surrounding medically assisted dying, confronting the principles of autonomy and beneficence within a health system facing structural challenges.

In the regulatory sphere, two contributions highlight the urgent need to update our legal framework. "Is the current regulation on research on living beings in Mexico sufficient to guarantee the rights of research subjects?" questions the validity of our laws in the face of biotechnological advances, emphasizing the protection of human vulnerability. In parallel, "Surrogacy in Mexico: Viability of a model based on the United Kingdom law" offers a comparative law analysis, proposing a transition towards a model that prioritizes altruism and legal certainty to prevent the commodification of the human body—a paramount ethical challenge in our country.

Finally, bioethics is also found in the everyday. The article "Specialty Coffee vs. Dark Roast Coffee" reminds us that food production and consumption carry ethical responsibilities, ranging from chemical composition and toxicity (such as acrylamide) to social justice within the supply chain.

I invite readers to deepen their understanding through these texts, which, based on scientific and humanistic rigor, aim to influence the design of efficient policies.

."Love, Order, and Progress".

M.C. José Antonio Hernández Vera  
Director of the Institute of Health Sciences