

## Editorial

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The purpose of the Journal of Basic and Applied Psychology Research is to create a space for disseminating scientific knowledge that allows those interested in the field of psychology, whether they are students, professors, researchers, or related professionals, to learn about research or studies made in our scientific discipline.

This journal issue was made up of contributions from researchers from the Graduate Institute of Cognitive Behavioral Psychotherapy (IPPCC), the Autonomous University of the State of Hidalgo (UAEH), and the Anahuac University of Oaxaca.

On May 5, the World Health Organization announced the end of the international health emergency due to COVID-19. However, the lessons learned from this pandemic must be taken advantage of to understand better how to face these challenges and the aftermath emotions they generated. This issue presents contributions to the COVID-19 pandemic and mental health, protective factors against violence, and family functioning. The first article presents us with how the confinement due to the COVID-19 pandemic has brought various social, economic, and health problems, significantly impacting people's psychological state, indicating that good family functioning decreases stress, anxiety, and depression. The second article shows that there is little research regarding the protective factors for the perpetration and victimization of dating violence in adolescents, in addition to the fact that the findings focus on factors related mainly to the family, social and individual context. The third article is a theoretical review of the factors associated with Premenstrual Dysphoric Disorder and their effect on the work performance of women who must generate emotional, physical, and social strategies so that each menstrual cycle can cope with the various consequences it generates for them this medical condition. The fourth contribution is a study that explores the relationship between the personality of third and fourth-year university students and their relationship with the career they study, an interesting topic that contributes to knowledge about the choice of professional life. Finally, the fifth article reviews the Psychological First Aid protocols, guides, and manuals developed during the first waves of COVID-19, highlighting the importance of prevention in mental health.

We invite you to participate in future publications to contribute to the dissemination of the science of our discipline with articles in the following issues of the Journal of Basic and Applied Psychology Research

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