Editorial

Dra. Andrómeda Ivette Valencia Ortiz [a]

In this number, researchers from the Autonomous University of the State of Hidalgo participate, as well as contributions from authors from the Autonomous University of the State of Coahuila, the Autonomous University of San Luis Potosi, the University of Guadalajara -Centro Universitario del Sur, The Autonomous University of Tamaulipas, and the "Dr. "Benjamin Dominguez. A proposal that reflects the interests of people from the North and Center of the country is needed.

This edition explores crucial and contemporary issues that profoundly affect the psychological and social well-being of individuals and communities. We address sexual harassment, a persistent problem that requires immediate understanding and action; we examine early adverse experiences and their lasting impact on mental health; We discuss intimate partner violence, a destructive phenomenon that demands effective intervention and support; and we analyze suicide risk, highlighting the need for robust prevention strategies. Additionally, we highlight the importance of life skills as fundamental tools for resilience and personal empowerment. We hope these investigations and reflections encourage constructive dialogue and promote concrete actions to improve mental health and social well-being.

Finally, we want to invite our community of psychology researchers, professionals and students to contribute their work to our journal. Their research, experiences, and perspectives are vital to advancing understanding and addressing the psychological challenges we face. Together, we can continue to build a space of knowledge and mutual support that inspires positive and lasting changes. We look forward to your valuable contributions and continued commitment to scientific excellence.

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