

Editorial

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To start 2025, we have an issue that addresses problems of great clinical and social relevance, with the participation of authors from the Master's and Doctorate Program in Medical Sciences, Dentistry and Health of the Faculty of Medicine of the National Autonomous University of Mexico (UNAM) and the Department of Psychology and Sociology of the Faculty of Social and Human Sciences of the Aragon Health Research Institute corresponding to the University of Zaragoza in Spain. Likewise, authors from the Faculty of Psychology of the UNAM participated. We also received contributions from authors from the Autonomous University of Coahuila, the University of Guadalajara, who worked with researchers from the Michoacana University of San Nicolás de Hidalgo in conjunction with an author from the Department of Psychology of the University of Ghana. Another contribution was made by an author whose affiliation is with the Secretariat of Public Education of the State of Guerrero, and of course an article whose author is at the Autonomous University of the State of Hidalgo, as well as an author who is dedicated to private practice.

The current issue of the journal addresses topics of great clinical relevance such as the effectiveness of the Unified Protocol in insomnia comorbid with anxiety disorders using case series reports, reviewing the importance of addressing insomnia as part of the symptoms associated with emotional disorders. Another topic that requires urgent and priority attention as an impact on public health is the attitudes towards suicidal behavior in low- and middle-income countries, so a systematic review of the topic allows a better understanding of the dimensions of this health problem worldwide.

Another contribution addresses criminal antisocial behavior in Mexican adolescents in conflict with the law, identifying some characteristics of this vulnerable group compared to adolescents without an antisocial behavior condition. We also have a contribution that explores from a theoretical review the Impact of gender violence against women in the relationship and another theoretical contribution that addresses the Procedures for the evaluation of severe behavioral difficulties in elementary school students. To conclude with a qualitative study that leads us to reflect on children born in penitentiaries from the psychosocial expectations of mothers deprived of their freedom

We thank everyone for their contributions to knowledge in the field of human behavior and we invite them to send their findings and share their contributions with our readers for the benefit of our society and knowledge in our discipline.

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