

## Editorial

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The Journal of Basic and Applied Psychology Research has as its primary objective the dissemination of science in the field of psychology as part of the research activities carried out in the State and the country. For what it considers contributions of basic and applied research embodied in articles that use the methodology, quantitative, qualitative, and mixed from the different branches of psychology.

In this issue, three empirical articles and a fourth theoretical essay were included and submitted to a double-blind review by the Scientific Committee composed of experts in the topics, which guarantees the theoretical and methodological rigor of the research presented.

The first article is a contribution from the field of neuropsychology that documents the impact of early musical practice on cognitive processes and maturation of some regions of the brain. The second, from the Organizational Psychology, describes the phases carried out for the psychometric construction of a psychology test. The third article is from the health Psychology field, which presents obesity as a public health problem and through a mixed methodology, describes the perception of government workers regarding this condition. And the theoretical review shows the basis of the cognitive-behavioral model as one that is a synonym of scientific intervention in Psychology.

I hope that the second number will achieve the objective of the Journal of Basic and Applied Psychology Research. So I want to invite researchers in the field of psychology and related disciplines to participate with their scientific contributions to reach the goal of placing this journal of scientific dissemination as one of the most prominent in their area.

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