

## Editorial

*Dra. Andrómeda Ivette Valencia Ortiz <sup>a</sup>*

---

The Journal of Basic and Applied Psychology Research is committed to being a space for scientific dissemination, especially for psychologists in training and professionals in the field of Mental Health. We are disseminating the results of cutting-edge research in our discipline, whether based on theoretical reviews, empirical research, and analysis of the issues that strengthen our work in the field of Psychology.

Undoubtedly, one of the challenges we face as psychology professionals is to have intervention tools that have strong theoretical and empirical support and demonstrate their effectiveness. Therefore, it is essential to analyze the characteristics of the so-called third-generation techniques within the cognitive-behavioral model and apply psychological strategies to respond to public health problems such as gender violence and borderline personality disorders. Chronic diseases or care for the elderly. Therefore, this issue integrates critical theoretical reviews on the current state of intervention strategies that respond to these problems and even addresses the points that should be considered when developing audiovisual material for vulnerable populations such as the elderly.

On this occasion, researchers from the National System of Researchers belonging to the Institute of Health Sciences of the ICSa participated, as well as Masters in Cognitive Behavioral Therapy from the Postgraduate Institute in Cognitive Behavioral Psychotherapy, members of the Specialized Service for Attention to Violence in Hidalgo Health Services, a collaboration of the State Center for Alternative Justice attached to the Judiciary and a contribution from Terapify. So we are sure that this number will allow many specialists who deal with these mental health problems to be updated.

We again extend an invitation to researchers in Psychology to send their contributions and participate in the following issues of the Journal of Basic and Applied Psychology Research.

---

<sup>a</sup> General Editor of the Journal of Basic and Applied Psychology Research and member of the Academic Area of Psychology of the Institute of Health Sciences, Autonomous University of the State of Hidalgo.